



Healthy Schools

# School Nurse Service

for secondary schools

Aiming to help  
your child...

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic wellbeing

## What your school nursing team offers your child in secondary schools

### Immunisations

Diphtheria, tetanus and polio booster will be offered before your child leaves school

If your child is to be included in a national immunisation campaign then you will be contacted

### Advice and Support

for both young people and parents on any health issue

- Emotional wellbeing
- Behaviour
- Healthy eating
- Weight management
- Sexual health
- Smoking advice
- Bedwetting

## Health Promotion

School nurses work with your child's school to help deliver health promotion topics including:

- Healthy eating, nutrition and exercise
- Sex and relationships education
- Smoking
- Alcohol and substance misuse

### Drop in Sessions

Information and advice is available on

- General health matters
- Smoking
- Sexual health
- Emotional wellbeing

## Confidential Services

School nurses provide a confidential service to support your child's health and well being

We work in partnership with you and other professionals to keep your child healthy and safe

In certain circumstances we may need to share information with other professionals, but this would usually be discussed with you first

### Referrals to other agencies including:

- Emotional wellbeing team
- Child and family unit
- Social services
- 24 / 7
- Sexual health clinic